

CORRECTION

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# Correction to: Dietary cholesterol and egg intake are associated with the risk of gestational diabetes: a prospective study from Southwest China

Yiqi Zhang<sup>1</sup>, Xi Lan<sup>1</sup>, Fei Li<sup>1</sup>, Hong Sun<sup>1</sup>, Ju Zhang<sup>2</sup>, Run Li<sup>2</sup>, Yan Gao<sup>3</sup>, Hongli Dong<sup>1</sup>, Congjie Cai<sup>1</sup> and Guo Zeng<sup>1\*</sup>

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After publication of this article [1], it came to our attention that there was an error in Tables 1 and 4. Egg intake in this paper are measured by “number/d”. In Table 1 and part of Table 4, the unit of egg intake was incorrectly wrote as “g/d”. The corrected Tables 1 and 4 are provided below. This error did not impact the conclusions of the article. The authors apologize for this error.

### Author details

<sup>1</sup>Department of Nutrition and Food Hygiene, West China School of Public Health and West China Fourth Hospital, Sichuan University, Chengdu 610041, Sichuan, China. <sup>2</sup>Department of Clinical Nutrition, Sichuan Provincial Hospital for Women and Children, Chengdu 610000, Sichuan, China. <sup>3</sup>Department of Obstetrics, Sichuan Provincial Hospital for Women and Children, Chengdu 610000, Sichuan, China.

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\*Correspondence: [scuhx\\_711@163.com](mailto:scuhx_711@163.com)

<sup>1</sup> Department of Nutrition and Food Hygiene, West China School of Public Health and West China Fourth Hospital, Sichuan University, Chengdu 610041, Sichuan, China

Full list of author information is available at the end of the article



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**Table 1** Characteristics and dietary intake of participants according to quartile of total cholesterol intake

| Characteristic                                                  | Overall |       | Quartile of total cholesterol intake(mg/d) |       |                 |       |                 |       |            |       | P-value |
|-----------------------------------------------------------------|---------|-------|--------------------------------------------|-------|-----------------|-------|-----------------|-------|------------|-------|---------|
|                                                                 |         |       | Q1(≤186.0)                                 |       | Q2(186.1-332.0) |       | Q3(332.1-464.0) |       | Q4(>464.0) |       |         |
| <b>N</b>                                                        | 1617    |       | 408                                        |       | 404             |       | 401             |       | 404        |       |         |
| Age, years (mean, SD)                                           | 28.6    | 4.1   | 28.0                                       | 3.8   | 28.5            | 3.9   | 29.0            | 4.4   | 28.9       | 4.1   | 0.001   |
| Prepregnancy BMI, kg/m <sup>2</sup> (mean, SD)                  | 21.1    | 3.1   | 21.2                                       | 3.2   | 21.1            | 3.1   | 21.3            | 3.0   | 20.9       | 3.0   | 0.249   |
| Parity (N, %)                                                   |         |       |                                            |       |                 |       |                 |       |            |       |         |
| Primiparous                                                     | 1157    | 71.6  | 290                                        | 71.1  | 286             | 70.8  | 293             | 73.1  | 288        | 71.3  | 0.890   |
| Multiparous                                                     | 460     | 28.4  | 118                                        | 28.9  | 118             | 29.2  | 108             | 26.9  | 116        | 28.7  |         |
| Family history of diabetes (N, %)                               | 162     | 10.0  | 40                                         | 9.8   | 40              | 9.9   | 41              | 10.2  | 41         | 10.1  | 0.997   |
| Education (N, %)                                                |         |       |                                            |       |                 |       |                 |       |            |       |         |
| High school or lower                                            | 387     | 23.9  | 103                                        | 25.2  | 109             | 27.0  | 96              | 23.9  | 79         | 19.6  | <0.001  |
| Junior college                                                  | 590     | 36.5  | 175                                        | 42.9  | 135             | 33.4  | 146             | 36.4  | 134        | 33.2  |         |
| University or higher                                            | 640     | 39.6  | 130                                        | 31.9  | 160             | 39.6  | 159             | 39.7  | 191        | 47.3  |         |
| Monthly income of the family per capita, yuan (N, %)            |         |       |                                            |       |                 |       |                 |       |            |       |         |
| ≤5000                                                           | 535     | 33.1  | 147                                        | 36.0  | 125             | 30.9  | 134             | 33.4  | 129        | 31.9  | 0.215   |
| 5000~9999                                                       | 743     | 45.9  | 192                                        | 47.1  | 191             | 47.3  | 184             | 45.9  | 176        | 43.6  |         |
| ≥10000                                                          | 339     | 21.0  | 69                                         | 16.9  | 88              | 21.8  | 83              | 20.7  | 99         | 24.5  |         |
| Smoking before pregnancy (N, %)                                 | 61      | 3.8   | 17                                         | 4.2   | 10              | 2.5   | 12              | 3.0   | 22         | 5.5   | 0.119   |
| Alcohol consumption before pregnancy (N, %)                     | 131     | 8.1   | 34                                         | 8.3   | 23              | 5.7   | 28              | 7.0   | 46         | 11.4  | 0.021   |
| WGPO, kg (mean, SD)                                             | 6.20    | 3.31  | 5.64                                       | 3.26  | 6.43            | 3.25  | 6.27            | 3.26  | 6.44       | 3.40  | 0.001   |
| Physical activity, MET <sup>h</sup> wk <sup>-1</sup> (mean, SD) | 106.8   | 46.4  | 105.3                                      | 48.8  | 108.7           | 49.0  | 105.8           | 41.9  | 107.4      | 45.5  | 0.710   |
| Plasma TG, mmol/L (mean, SD)                                    | 1.32    | 0.50  | 1.30                                       | 0.47  | 1.31            | 0.45  | 1.36            | 0.52  | 1.30       | 0.57  | 0.257   |
| Plasma TC, mmol/L (mean, SD)                                    | 4.14    | 0.64  | 4.05                                       | 0.66  | 4.13            | 0.61  | 4.17            | 0.63  | 4.21       | 0.67  | 0.002   |
| Plasma LDL-C, mmol/L (mean, SD)                                 | 2.05    | 0.9   | 2.03                                       | 0.52  | 2.05            | 0.48  | 2.06            | 0.48  | 2.04       | 0.48  | 0.932   |
| Plasma HDL-C, mmol/L (mean, SD)                                 | 1.67    | 0.34  | 1.60                                       | 0.34  | 1.66            | 0.34  | 1.68            | 0.32  | 1.75       | 0.35  | <0.001  |
| GDM (N, %)                                                      | 571     | 35.3  | 118                                        | 28.9  | 146             | 36.1  | 151             | 37.7  | 156        | 38.6  | 0.016   |
| <b>Dietary intake</b>                                           |         |       |                                            |       |                 |       |                 |       |            |       |         |
| Eggs, number/d (mean, SD)                                       | 0.71    | 0.58  | 0.12                                       | 0.21  | 0.49            | 0.29  | 0.89            | 0.31  | 1.34       | 0.56  | <0.001  |
| Red meats, g/d (mean, SD)                                       | 59.5    | 50.5  | 39.3                                       | 39.0  | 59.5            | 41.7  | 61.0            | 51.1  | 78.3       | 59.7  | <0.001  |
| Poultry, g/d (mean, SD)                                         | 12.5    | 29.2  | 6.3                                        | 17.7  | 11.2            | 22.4  | 13.5            | 29.2  | 19.3       | 40.8  | <0.001  |
| Fish/shellfish, g/d (mean, SD)                                  | 18.6    | 41.8  | 6.9                                        | 19.3  | 14.1            | 33.5  | 17.6            | 41.6  | 35.8       | 57.8  | <0.001  |
| Total dairy products, g/d (mean, SD)                            | 138.5   | 132.8 | 93.8                                       | 116.2 | 132.6           | 129.5 | 149.4           | 124.7 | 178.7      | 145.0 | <0.001  |
| Animal organs, g/d (mean, SD)                                   | 5.4     | 17.3  | 3.2                                        | 14.8  | 4.6             | 11.5  | 4.5             | 13.6  | 9.1        | 25.4  | <0.001  |
| Dietary glycaemic load, g/d (mean, SD)                          | 153.3   | 59.4  | 147.3                                      | 58.7  | 152.7           | 53.6  | 158.4           | 67.6  | 154.8      | 56.7  | 0.061   |
| Energy intake, kcal/d (mean, SD)                                | 1848.1  | 530.5 | 1600.1                                     | 486.6 | 1819.1          | 510.2 | 1901.2          | 475.4 | 2074.9     | 535.9 | <0.001  |
| Saturated fat, unsaturated fat, g/d (mean, SD)                  | 68.8    | 24.8  | 53.0                                       | 19.1  | 66.6            | 23.5  | 72.0            | 20.3  | 83.6       | 25.6  | <0.001  |
| Animal protein, g/d (mean, SD)                                  | 25.4    | 15.4  | 12.8                                       | 8.2   | 22.7            | 10.4  | 27.3            | 12.2  | 39.1       | 16.4  | <0.001  |
| Fibre, g/d (mean, SD)                                           | 12.9    | 6.3   | 11.9                                       | 6.5   | 12.9            | 6.7   | 13.0            | 5.8   | 13.7       | 5.9   | <0.001  |

*BMI* body mass index, *WGPO* Weight gain from pregnancy to OGTT, *TG* triglyceride, *TC* total cholesterol, *HDL-C* high-density lipoprotein cholesterol, *LDL-C* low-density lipoprotein cholesterol, *GDM* gestational diabetes mellitus, *MET* metabolic equivalent

**Table 4** Associations between maternal dietary egg intake per day and GDM

|                                                         | Continuous variable (each additional egg/d) |           | Quartile egg intake (number/d) |       |      |           |      |           |      |           | P for trend |
|---------------------------------------------------------|---------------------------------------------|-----------|--------------------------------|-------|------|-----------|------|-----------|------|-----------|-------------|
|                                                         |                                             |           | Q1                             |       | Q2   |           | Q3   |           | Q4   |           |             |
|                                                         | OR                                          | 95%CI     | OR                             | 95%CI | OR   | 95%CI     | OR   | 95%CI     | OR   | 95%CI     |             |
| Median, number/d                                        | 0.7                                         |           | 0                              |       | 0.5  |           | 1.0  |           | 1.3  |           | -           |
| Model 1 <sup>a</sup>                                    | 1.36                                        | 1.14-1.62 | 1.00                           | -     | 1.48 | 1.11-1.98 | 1.46 | 1.09-1.96 | 1.64 | 1.22-2.20 | 0.002       |
| Model 2 <sup>b</sup>                                    | 1.32                                        | 1.11-1.58 | 1.00                           | -     | 1.48 | 1.11-1.99 | 1.39 | 1.03-1.87 | 1.59 | 1.18-2.14 | 0.006       |
| Model 2 plus nutrients <sup>c</sup>                     |                                             |           |                                |       |      |           |      |           |      |           |             |
| Saturated fat, unsaturated fat                          | 1.30                                        | 1.08-1.56 | 1.00                           | -     | 1.47 | 1.09-1.97 | 1.35 | 1.00-1.84 | 1.54 | 1.13-2.09 | 0.013       |
| Animal protein                                          | 1.33                                        | 1.10-1.60 | 1.00                           | -     | 1.48 | 1.11-1.99 | 1.39 | 1.02-1.89 | 1.59 | 1.16-2.17 | 0.008       |
| Fibre                                                   | 1.32                                        | 1.11-1.58 | 1.00                           | -     | 1.48 | 1.11-1.99 | 1.39 | 1.03-1.88 | 1.59 | 1.18-2.15 | 0.005       |
| All previous nutrients                                  | 1.32                                        | 1.10-1.60 | 1.00                           | -     | 1.48 | 1.10-1.98 | 1.38 | 1.02-1.88 | 1.58 | 1.16-2.17 | 0.009       |
| Model 2 plus plasma lipid profiles(mmol/L) <sup>d</sup> |                                             |           |                                |       |      |           |      |           |      |           |             |
| TG                                                      | 1.30                                        | 1.10-1.60 | 1.00                           | -     | 1.57 | 1.16-2.12 | 1.46 | 1.07-1.99 | 1.65 | 1.20-2.25 | 0.009       |
| TC                                                      | 1.31                                        | 1.09-1.58 | 1.00                           | -     | 1.61 | 1.19-2.18 | 1.45 | 1.06-1.98 | 1.64 | 1.20-2.24 | 0.011       |
| LDL-C                                                   | 1.33                                        | 1.11-1.60 | 1.00                           | -     | 1.62 | 1.20-2.19 | 1.46 | 1.07-1.99 | 1.68 | 1.23-2.30 | 0.007       |
| HDL-C                                                   | 1.31                                        | 1.09-1.58 | 1.00                           | -     | 1.60 | 1.19-2.16 | 1.44 | 1.06-1.96 | 1.64 | 1.20-2.25 | 0.011       |
| All previous measurements                               | 1.30                                        | 1.08-1.56 | 1.00                           | -     | 1.58 | 1.17-2.13 | 1.46 | 1.07-1.99 | 1.63 | 1.19-2.23 | 0.011       |

TG triglyceride, TC total cholesterol, HDL-C high-density lipoprotein cholesterol, LDL-C low-density lipoprotein cholesterol, GDM gestational diabetes mellitus

<sup>a</sup> Crude model

<sup>b</sup> Adjusted for energy intake, age, prepregnancy BMI, education, income of family, parity, family history of diabetes, smoking before pregnancy, alcohol consumption before pregnancy, physical activity, dietary glycaemic load, weight gain from pregnancy to OGTT

<sup>c</sup> Nutrients correlated with egg (saturated fat, unsaturated fat, trans fat, animal protein and fibre) were adjusted individually or in combination, in addition to Model 2 covariates

<sup>d</sup> To determine whether the effect of egg intake on GDM is related to the increase of plasma lipid profiles, the concentrations of plasma TG, TC, LDL-C and HDL-C were further adjusted individually or in combination