Case report

Prenatal diagnosis of Wolf-Hirschhorn syndrome (4p-) in association with congenital hypospadias and foot deformity

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Abstract

**Background:** Wolf-Hirschhorn syndrome is caused by distal deletion of the short arm of chromosome 4 (4p-). We report a case in which intrauterine growth restriction, hypospadias and foot deformity were detected by prenatal ultrasound examination at 29 weeks of gestation.

**Case Presentation:** A 31-year-old gravida 2 partus 1 woman was referred at 29 weeks' gestation with suspicion of intrauterine growth restriction. Sonographic examination revealed deformity of the right lower limb and undescended testes with an irregular distal penis. A cordocentesis was performed and chromosome analysis revealed a 46,XY,del(4)(p14) karyotype.

**Conclusion:** The prenatal detection of intrauterine growth restriction, hypospadias and foot deformity should lead doctors to suspect the presence of Wolf-Hirschhorn syndrome.

Background

Wolf-Hirschhorn syndrome (WHS) is a well-known chromosomal disorder first described by Cooper and Hirschhorn in 1961 [1]. Since the first clinical description, more than 120 cases have been reported [2]. It is attributable to partial loss of material from the short arm of chromosome 4, with the majority of cases (87%) being de novo deletions of preferential paternal origin.

WHS is characterized by intrauterine growth restriction, mental retardation, characteristic facial dysmorphism, microcephaly, ear lobe anomalies and closure defects (cleft lip or palate, coloboma of the eye, and cardiac septal defects) [3].

Prenatal diagnosis of Wolf-Hirschhorn syndrome has been reported in fetuses karyotyped because of routine indications of chromosomal analysis or intrauterine growth restriction with or without associated anomalies [4]. We report a case in which congenital hypospadias and clubfoot was detected prenatally at 29 weeks' gestation in association with intrauterine growth restriction.

**Case presentation**

A 31-year-old gravida 2 partus 1 woman was referred at 29 weeks' gestation with suspicion of intrauterine growth restriction. The couple were healthy, nonconsanguineous, with unremarkable medical history. There was no family history of congenital defects. The woman denied cigarette smoking, use of alcohol, illicit drugs or medication, in...
addition to any intrauterine teratogenic or infectious exposure. Sonographic examination revealed a single live fetus. Fetal biparietal diameter, abdominal circumference and femur length measurements were compatible with 25 weeks' gestation. Amniotic fluid index was 15 cm. Doppler velocimetry of umbilical artery was normal. A 7.3 cm placental thickness was measured.

Examination of the fetal anatomy revealed a deformity of the right lower limb and undescended testes with an irregular distal penis (Figure 1, 2). The parents were informed and a cordocentesis was performed. The karyotype analysis revealed a deletion of the short arm of chromosome 4, \([46,XY,del(4)(p14)]\) (Figure 4).

A FISH study to confirm the terminal deletion revealed a partial monosomy for 4p 15.2→4pter (Figure 5). After genetic counseling the family elected for termination of the pregnancy. Labor was induced and the woman delivered a stillborn male fetus weighing 900 g. The baby had prominent glabella, short philtrum, low-set ears, hypospadias, undescended testes and calcaneovalgus deformity of the right foot (Figure 3). Except for a large hydropic placenta, no additional anomaly was noted at autopsy. Chromosomal analysis of the woman revealed a normal karyotype (46,XX). Father refused a chromosomal analysis but he has 3 healthy children from his former spouse.

**Discussion**

Wolf-Hirschhorn syndrome, caused by partial deletion of the short arm of chromosome 4, is characterised by severe growth restriction and mental defect, microcephaly, 'Greek helmet' facies, and midline fusion defects. The critical zone for development of this disorder is located distal to the Huntington disease-linked G8 (D4S10) marker [5]. Quarrel et al., [6] found that there was de novo deletion or rearrangement of 4p; in cases where the abnormality had arisen on the paternal chromosome. However, a paternal age effect was not observed. Goodship et al., [7] described a 2-year-old who presented with developmental delay and...
subtle dysmorphic features suggesting WHS: hypertelorism, prominent glabella, short philtrum, and carp-shaped mouth. Although high-resolution chromosomal analysis was normal in the child and in both parents, molecular analysis indicated that the child had not inherited a maternal allele for probes from 4p16. Fluorescence in situ hybridization (FISH) in the mother showed a submicroscopic translocation between chromosome 4 and 10.

Chen et al [8] reported on the prenatal diagnosis of two sib female fetuses with a satellited short arm of chromosome 4 and a male fetus with a satellited long arm of chromosome X. The first two fetuses had a cryptic balanced translocation t(4;15)(p16;p11.1) inherited from a mother carrying a satellited 4p and having an affected child with the Wolf-Hirschhorn syndrome.

A family was reported with a balanced chromosomal translocation t(4;18)(p15.32;p11.21) in the father and an unbalanced translocation resulting in partial monosomy...
4 and partial trisomy 18 in one living boy and a prenatally diagnosed male fetus. Both showed abnormalities consistent with WHS and had in addition aplasia of one umbilical artery [9].

WHS, a relatively common malformation pattern, has been exceptionally diagnosed in fetuses. Prenatal detection of abnormal male genitalia has been accomplished by ultrasonography. Hypospadias is one of the most common anomalies of the male genital tract. During the eighth to tenth week of embryologic development, incomplete fusion of the urethral folds results in an abnormal opening on the ventral surface of the penis. Hypospadias is classified as glandular, penile and scrotal type according to the location of the ectopic urethral meatus. It frequently occurs in isolation, although it can be associated with other abnormalities in 8 per cent of cases. There is a recurrence risk of between 4 and 10 per cent. The prenatal diagnosis of hypospadias has been reported in fetuses with a family history [10]. Vinals et al. [11] documented the prenatal detection of congenital hypospadias in a case of Wolf-Hirschhorn syndrome. Hypospadias is a common feature of several genetic syndromes: XXY and XXXXY and also associated with chromosomal abnormalities such as triploidy, trisomies 13 and 18. Furthermore it can be associated with anomalies of the urinary tract including exstrophy of the bladder, undescended testes, bifid glans, megalourethra and transposition.

Genetic syndromes such as Smith-Lemli-Opitz syndrome, Robinow syndrome, Fraser syndrome, Schprintzen syndrome, short-rib polydactyly syndrome and WHS may be associated with hypospadias [11].

Prenatal diagnosis of cases of monosomy 4p associated with severe IUGR has been reported. Cleft-lip and palate, diaphragmatic hernia, cystic hygroma and heart defect with right ventricular hypoplasia were detected by prenatal ultrasonography. At autopsy, midline fusion defects were observed in fetuses with WHS ranging from minor abnormalities such as scalp defect, hypertelorism, pulmonary isomerism, common mesentery, hypospadias and sacral dimple, to cleft palate, corpus callosum agenesis, ventricular septal defect and diaphragmatic hernia. Hypotrophic placentas with vascular lesions and a large placental chorioangioma have been reported previously [12]. In our case a large otherwise normal placenta was noted.

While a number of prenatally detected anomalies have been reported with WHS, to our knowledge, talipes calcaneovalgus has not been documented before [13].

Calcaneovalgus deformity is characterized by lateral deviation and eversion of the sole of the foot. Congenital club foot encompasses a wide spectrum of severity. It may arise from intrinsic factors, but it is frequently the consequence of restriction of fetal movements. It also commonly found in many syndromes and malformation clusters [14]. A variety of skeletal anomalies were found in patients with WHS, including split hand, clinodactyly, club feet, scoliosis and kyphosis, malformed toes, finger-like appearance of thumb, long slender fingers and delayed bone age [15].

Subtle abnormalities on ultrasound may suggest a chromosomal problem. Standard cytogenetics cannot always demonstrate a microdeletion. High-resolution banding and molecular analysis can help to confirm the diagnosis [16]. The prenatal detection of intrauterine growth restriction, hypospadias and clubfoot should raise the suspicion of WHS. Fetal skeletal and genital abnormalities detected by ultrasound should prompt the search for associated anomalies and karyotyping should be considered in fetuses with intrauterine growth restriction especially with a normal amniotic fluid volume.
Competing interests
None declared.

Acknowledgments
Written consent was obtained from the patient or their relative for publication of the patient’s details.

References
1. Cooper H and Hirschhorn K. Apparent deletion of short arms of one chromosome (4 or 5) in a child with defects of midline fusion. Hum Chrom Newsl 1961, 4:14-16

Figure 5
Fluorescent in situ hybridization. Chromosome 4 is green and the other chromosomes are blue. Neither of the chromosome 4 do not carry an extra piece of DNA.

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